

Peer Specialist Basic Training Overview with Breaks				
Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 Welcome, Introductions and Training Overview Mon: 8:00-9:00	Session 6 Effective Listening and the Art of Asking Questions Tues: 8:00-9:00	Session 11 Trauma-Informed Care Pt. 1 Wed: 8:00-9:00	Session 16 Narcan Thurs: 8:00-9:00	Session 21 Clarifying and Establishing Boundaries Fri: 8:00-9:00
Session 2 Five Stages in the Recovery Process: Overview Mon: 9:15-10:15	Session 7 Motivational Interviewing for Peers Tues: 9:15-10:15	Session 12 Trauma Informed Care Pt. 2 Wed: 9:15-10:15	Session 17 Suicide Prevention and Planning for Crisis Situations Thurs: 9:15-10:15	Session 22 Peer Specialist Code of Ethics Fri: 9:15-10:15
Session 3 Five Stages in the Recovery Process: Dangers Mon: 10:30-11:30	Session 8 Effective Stage Intervention Tools Tues: 10:30-11:30	Session 13 Using Dissatisfaction to FIND Recovery Goals Wed: 10:30-11:30	Session 18 Wellness and Self Care Thurs: 10:30-11:30	Session 23 Peer Specialist Ethics Role Play Fri: 10:30-11:30
Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
Session 4 Stages of Change Model in Recovery Mon: 12:00-1:00	Session 9 Recovery and Relationships, Pt. 1 Tues: 12:00-1:00	Session 14 Problem Solving with Individuals Wed: 12:00-1:00	Session 19 Spirituality Thurs: 12:00-1:00	Fri: 12:00-1:00 Tool Practice Session (follow up to Session 6 role play)
Session 5 Using Your Recovery Story as a Tool Mon: 1:15-2:30 (Include video review of Recovery Language, Guiding Principles of Recovery and Intro session)	Session 10 Recovery and Relationships, Pt. 2 Tues: 1:15-2:30 (Include video review of Creating Peer Relationships that Promote Recovery, ROSC and Building Resources)	Session 15 Combating Negative Self Talk Wed: 1:15-2:30 (Include video review of Facing One's Fears, Strengths Model, and Using Support Groups & Recovery Dialogues)	Session 20 Working with Peers in the Legal System Thurs: 1:15-2:30 (Include video review of Understanding MH, SUD and Co- Occurring, 988, and Peer Specialists in the Workplace)	Fri: 1:15-2:30 Video Review of Culturally Informed Support and Diversity, Equity, Inclusion, Harm Reduction, MAR Awareness and Mandated Reporter)
Tool Practice Session Mon: 2:30-3:00	Tool Practice Session Tues: 2:30-3:00	Tool Practice Session Wes: 2:30-3:00	Tool Practice Session Thurs: 2:30-3:00	Session 24 Final Reflections, and Next Steps Fri: 2:30-3:00
5.75 Hours	5.75 Hours	5.75 Hours	5.75 Hours	5.75 Hours

